

# CYSTIC LUNG DISEASE

by Nick Mark MD



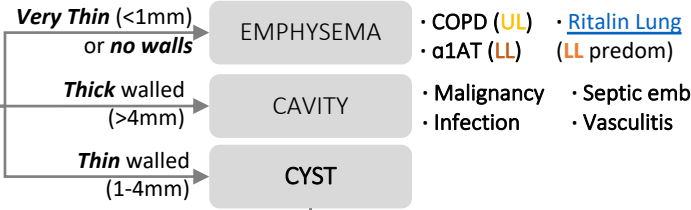
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## DEFINITIONS:

Are air-filled areas present within the lung parenchyma?



- Emphysema descriptors:**
- COPD (UL)
  - α1AT (LL)
  - Ritalin Lung (LL predom)
  - BLEBS <2 cm
  - BULLAE > 2 cm
  - GIANT BULLAE > 30% of hemithorax

- Cyst mimics:**
- CYSTIC BRONCHIECTASIS – Dilated airways (not real cysts)
  - HONEYCOMBING – ≥3 adjacent air-filled spaces
  - seen with emphysema, not with cysts

### Upper Lobe predominant

### Diffuse

### Lower Lobe predominant

|                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                        |
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| <p><b>LANGERHANS CELL HISTIOCYTOSIS (LCH)</b></p> <ul style="list-style-type: none"> <li>• <b>Smoking-associated</b> inflammation ♂ &gt; ♀</li> <li>• Chest: <b>UL</b> predominant</li> <li>• 'bizarre shaped' cysts &amp; 'stellate shaped' centrilobular nodules (1-5mm)</li> </ul>                                                                     | <p><b>NEUROFIBROMATOSIS TYPE 1 (NF1)</b></p> <ul style="list-style-type: none"> <li>• <b>Genetic</b>; neurofibromin (NF1)</li> <li>• Skin: café-au-lait spots, axillary freckling, neurofibromas,</li> <li>• <b>Chest: UL</b> predominant cysts, emphysema, &amp; bullae, &amp; LL fibrosis</li> </ul>                                                               | <p><b>LYMPHANGIOLYOMIOMATOSIS (LAM)</b></p> <ul style="list-style-type: none"> <li>• <b>Genetic</b> or spontaneous, assoc. w/ tuberous sclerosis (TSC), ♀ &gt;&gt; ♂</li> <li>• Skin: facial angiofibromas</li> <li>• Kidney: Angiomyolipoma tumors</li> <li>• Chest: <b>Uniform size diffuse</b> distribution of cysts, <b>Intralobular thickening</b>, &amp; pleural effusions (<b>chylothorax</b>)</li> </ul> | <p><b>BIRT-HOGG-DUBE (BHD)</b></p> <ul style="list-style-type: none"> <li>• <b>Genetic</b>; AD folliculin (FLCN) mutation, ♀ = ♂ prevalence</li> <li>• Kidney: chromophobe RCC</li> <li>• Skin: fibrofolliculomas and angiofibromas</li> <li>• Chest: <b>LL</b> predominant</li> <li>• <b>lentiform</b> cysts; often presents with PTX</li> </ul> | <p><b>LYMPHOCYTIC INTERSTITIAL PNEUMONITIS (LIP)</b></p> <ul style="list-style-type: none"> <li>• <b>Autoimmune</b> (Sjogren's syndrome) &amp; <b>immunodeficiency</b> (HIV) associated inflammation</li> <li>• Dense lymphocyte infiltrates; overlap with FB</li> <li>• Chest: <b>LL</b> Predominant cysts in bronchovascular distribution</li> </ul> |
| <p><b>PNEUMOCYSTIS JIROVECI PNEUMONIA (PJP)</b></p> <ul style="list-style-type: none"> <li>• <b>Infectious</b>; occurs in individuals with severe <b>immunocompromise</b> (HIV CD4 &lt; 200, BMT, etc)</li> <li>• Chest: <b>UL</b> pneumatoceles &amp; subpleural blebs, GGOs (<b>UL</b> if on PPx, <b>LL</b> if not; peripheral sparing GGOs)</li> </ul> | <p><b>PARACOCCIDIOIDOMYCOSIS</b></p> <ul style="list-style-type: none"> <li>• <b>Infectious</b>; occurs in rural workers (immunocompetent) in S. America ♂ &gt; ♀</li> <li>• Causes diffuse LAD and can cause granulomas in many organs</li> <li>• Chest: scattered cysts without lobar predominance, reverse halo sign, cavitations, and bronchiectasis.</li> </ul> | <p><b>LIGHT CHAIN DEPOSITION DISEASE (LCDD)</b></p> <ul style="list-style-type: none"> <li>• <b>Lymphoproliferative disease</b> assoc (esp multiple myeloma) causing non-amyloid deposition of Ab; ♀ = ♂</li> <li>• Kidney: Proteinuria/nephrotic syndrome</li> <li>• <b>Chest:</b> variable sized cysts, nodules, &amp; LAD</li> </ul>                                                                          | <p><b>DESQUAMATIVE INTERSTITIAL PNEUMONITIS (DIP)</b></p> <ul style="list-style-type: none"> <li>• <b>Smoking-associated</b> ILD often associated with RB-ILD; ♂ &gt; ♀</li> <li>• <b>Chest: LL</b> predominant and Subpleural/basilar predominant cysts of uniform small size with associated GGOs</li> </ul>                                    | <p><b>FOLLICULAR BRONCHIOLITIS (FB)</b></p> <ul style="list-style-type: none"> <li>• Associated with <b>collagen vascular disease</b> &amp; <b>immunodeficiency</b></li> <li>• Chest: centrilobular GGOs and nodules, sometimes with medium to large <b>LL</b> predominant cysts running along bronchovascular bundles</li> </ul>                      |
| <p><b>HYPERSENSITIVITY PNEUMONITIS</b></p> <ul style="list-style-type: none"> <li>• Inflammation due to inhaled antigens, forming granulomas</li> <li>• Usually causes GGO and mosaicism rarely may cause <b>UL</b> cyst formation</li> </ul>                                                                                                             | <p><b>AMYLOIDOSIS</b></p> <ul style="list-style-type: none"> <li>• Can occur with 1° or 2° amyloidosis</li> <li>• Chest: diffuse peripheral thin-walled cysts, often also with nodules (including endobronchial) or masses</li> </ul>                                                                                                                                | <p><b>CYSTIC PULMONARY METASTATIC DISEASE</b></p> <ul style="list-style-type: none"> <li>• <b>Metastatic malignancy</b> usually causes cavitory (thick walled) lesions.</li> <li>• <b>Diffuse</b> cysts can be seen with epithelioid metastasis, &amp; rarely with adenocarcinomas/sarcomas as reported <a href="#">here</a></li> </ul>                                                                          | <p><b>PULMONARY PAPPILLOSIS (PP)</b></p> <ul style="list-style-type: none"> <li>• <b>Infectious</b>; vertically transmitted HPV infxn; very rare.</li> <li>• <b>Chest:</b> usually endobronchial lesions, <b>rarely</b> diffuse pulmonary nodules that turn into cysts.</li> </ul>                                                                | <p><b>CONSTRICTIVE BRONCHIOLITIS</b></p> <ul style="list-style-type: none"> <li>• Occurs due to <b>viral</b>, <b>autoimmune</b>, or GVHD. Typically causes mosaic attention &amp; bronchiectasis. Rarely causes few small <b>diffuse</b> cysts</li> </ul>                                                                                              |
| <p><b>EHLERS-DANLOS SYNDROME</b></p> <ul style="list-style-type: none"> <li>• <b>Genetic</b> connective tissue disease, rarely may develop <b>diffuse</b> cysts</li> </ul>                                                                                                                                                                                | <p><b>PROTEUS SYNDROME</b></p> <ul style="list-style-type: none"> <li>• Rare <b>Genetic</b> syndrome (AKT1) that may present with <b>diffuse</b> cysts</li> </ul>                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                  | <p><b>FIRE-EATERS LUNG</b></p> <ul style="list-style-type: none"> <li>• Aspiration of flammable petroleum compounds causes inflammation; leading to cavitory or cystic disease</li> </ul>                                                                                                                                                         | <p><b>HYPER-IgE SYNDROME</b></p> <ul style="list-style-type: none"> <li>• <b>Immunodeficiency</b>/STAT3 mutation causing sinopulmonary infections, &amp; rarely pneumatoceles &amp; cysts.</li> </ul>                                                                                                                                                  |

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